

Secretary's Script

Welcome to the Healthy Intimate Relationships Meeting of Sex Addicts Anonymous. My name is _____, I'm a sex addict and your secretary. This meeting is open to all -- sex addicts partnered or single, partners of sex addicts, and people new to the program who want to achieve and maintain healthy intimate relationships using the twelve steps of Sex Addicts Anonymous.

So that everyone can be comfortable here, we ask that you respect the confidentiality of everyone present. So, **who you see here, what you hear here, when you leave here, let it stay here.** Also, please do not refer to specific acting out places, people and events as these references can be triggering to others.

Let's begin with a moment of silence followed by the Serenity Prayer.

May we hear the **Opening**, please ... Thank you.

May we hear the **Abstinence Statement**, please ... Thank you.

May we hear the **To the Partners of Sex Addicts**, please ... Thank you.

It's now time for introductions: my name is _____ and I'm a sex addict.

On the first Saturday of the month, the meeting format is speaker-discussion. For the rest of the month, the format is question and answer.

(Speaker-discussion format:)

Today's meeting format is speaker-discussion. Our speaker is _____ who will share his/her experience, strength, and hope for 10 minutes on the topic of healthy intimate relationships. I will give you a signal when you have 5 minutes left.

(At about 12:00 p.m.) It's now time for the discussion portion of the meeting. The speaker will now choose a topic and indicate whether the meeting will be round robin or tag format.

(After speaker chooses) Please keep your shares to 3 minutes so everyone has a chance to share. ***(For Round Robin Format.)*** If you do not wish to share, please feel free to pass.

Who would like to begin?

(Question and answer format:)

Today's meeting format is question and answer to address questions about healthy intimate relationships in the context of recovery from sexual addiction. Anyone can pose a question by raising a hand. Once a question has been posed, anyone can raise a hand to volunteer a response. The person posing the question can call on people to respond or have the secretary do so. Time permitting, three people will be given the opportunity to respond to each question, unless someone has a burning desire to address a question.

No one has "the right answer", and we do not give advice. People offering responses speak from their own experience. Opinions expressed are strictly those of each speaker. Take what you like and leave the rest. We especially encourage partners of sex addicts and people new to the program to ask any questions you may have. Questions and answers are timed at three minutes each.

(At about 12:10 p.m.) Now is the time we set aside for partners of sex addicts or people new to the program to ask a question if you haven't already had the opportunity. If neither of these wants to ask a question, the floor is open to anyone.

(At about 12:22 p.m.) That is all the time we have for sharing. It is now time to practice the 7th Tradition, which states: “each group should be self-supporting, declining outside contributions”. However, we do have expenses such as rent and literature.

While the basket is being passed, may we hear from the Literature Person?

Are there any S.A.A. related announcements?

Let’s thank all who make this meeting possible: _____, our Treasurer; _____, our Literature Person; _____, our Greeter; _____, our Group Representative; _____, our Timer for today; and thank you for allowing me to be of service.

Our business meeting immediately follows this meeting on the last Saturday of each month.

May we hear **The Promises**, please ... Thank you.

Let’s join hands as we say the Unity Prayer.