

## Saturday Morning SAA Meeting Script

Updated July 9, 2010 JB

[Distribute the readings.]

Welcome to the Saturday Morning meeting of Sex Addicts Anonymous. My name is \_\_\_\_\_, I'm a sex addict, and your secretary. This is a closed meeting, open to anyone who has a desire to stop their compulsive sexual behaviors. May we please have a moment of silence, followed by the serenity prayer.

As a friendly reminder, please be sure to turn off your cell phones.

Would someone please read *The Program*?

May we please hear *How it Works*, and *The Twelve Steps*?

Would someone please read *The Abstinence Statement*?

Can we please have *The Twelve Traditions*?

Thank you. Please pass the readings back.

It is the custom of this group to welcome newcomers. Are there any newcomers or anyone working on their first 30 days of sobriety who would like to introduce themselves by their first name only?

This group has but one primary purpose: to carry its message to the sex addict who still suffers. We're glad you're here. Keep coming back!

Are there any visitors with us this morning?

Is anyone celebrating a sobriety birthday?

In accordance with our agreement with the hospital, food and drink, except water, are not allowed at this meeting.

*(Elections, first/second weekend in January, and first/second weekend in July, are held at this point.)*

Today, \_\_\_\_\_ has chosen a reading from the [*big book* or *green book* or *12&12*].

[Reader reads (but does not share yet).]

The meeting is now open for discussion. This is a round-robin meeting beginning with the reader. Please use a timer and be mindful of it, so that as many people as possible can share. If you don't want to speak, feel free to pass. It's group conscience of this meeting that we don't have cross-talk, which means making a direct comment on what someone else has said, except for remarks to the reader. Also, please speak up, so everyone can hear you.

[End sharing around 9:08 AM. On the last Saturday of the month, sharing should end at 8:55 AM or earlier for distribution of chips.]

That's all the time we have for sharing. If you didn't get a chance to share, please speak with someone after the meeting.

*(On Chip week)* Today we are doing Chips and I will turn it over to \_\_\_\_\_.

It's time to practice the 7th Tradition, which states: "Every SAA group ought to be fully self-supporting, declining outside contributions." We have no dues or fees, but we do have expenses. The suggested donation is \$2.00, although any amount is acceptable.

While the baskets are being passed, may we please hear from the Literature Person?

May we please hear from the CD Librarian?

Regarding sponsorship: sponsorship is an important tool of sobriety and recovery. For those looking for a sponsor, we suggest approaching or calling those whose recovery you relate to, and ask about their availability to sponsor. You may not be successful on your first inquiry, so be patient, and remember, you are not alone.

Are there any SAA-related announcements?

[End announcements by 9:12 AM]

Would someone with ninety days or more sobriety from inner circle behavior like to do next week's reading?

Let's thank the people who do service for this meeting:

[Note: names are listed on a separate sheet.]

Can we please have six volunteers to help set the room back in order? Please leave about twenty-five chairs for the next meeting.

The monthly business meeting is held on the first Saturday of the month, following the closing prayer.

We know it can be encouraging for others to see those with long term sobriety. If you have a year or more, we request that you please stand at this point.

Finally, sitting at the center table is a powerful tool of recovery. So that as many people as possible get a chance to share, please be mindful of how often you sit at the table. *Also please be mindful that our teardown volunteers need room to do their job quickly.*

May we please hear *A Vision for You*?

[Group forms circle to recite the Serenity Prayer.]

## Additional Notes for Secretary

1. Elections for service positions are held the first/second Saturday in January and the first/second Saturday in July, except for the Intergroup Rep, who serves a one year term.
  2. The secretary needs to contact the hospital around October/November to reserve the room for the next year. Also reserve the room for the monthly business meeting (currently meets in the Support Services Conference Room). And to register the meeting with the ISO.
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